

DO  
**SOMETHING**  
FOR  
**YOU**

Schedule yourself for  
fun or professional  
development with a  
**COMMUNITY  
EDUCATION  
CLASS**



Summer 2019



## Culinary

All culinary offerings are demonstration & tasting classes.

### Exploring the Food & Wine of the French Riviera

new

Jun 12 W 6-9 PM  
LTC Culinary Arts #40953 Amanda Weber

Jet set to the Cote d'Azur to experience the tastes of a bright, fresh Mediterranean feast featuring the coastal flavors of southeastern France. Enjoy wine pairings with traditionally created dishes.

FEE: \$35.50

### Fundamentals of Backyard BBQ

Jul 24 W 6-9 PM  
Red Arrow #41384 Chris Stein

The popularity of BBQ continues to soar, with smoke being an ingredient we crave. It's also become overly-complicated and overwhelming. In this class, we'll cover the basics including smoking equipment, wood, ingredients, meat, and methods that'll give you the skills and knowledge to create delicious BBQ at home.

FEE: \$35.50

## INSTRUCTOR HIGHLIGHT

### Chris Bornemann



Chris has been an ASE Master Certified Technician for 20 years. He has extensive experience in vehicle

maintenance and diagnostics for all makes and models, including hybrids and import manufacturers. He was recently recognized nationally by ASE and Bosch for his success in the automotive industry. Chris is eager to share his knowledge and help you to be familiar and comfortable with your vehicle.

### New England Seafood Party

new

Jul 10 W 6-9 PM  
LTC Culinary Arts #40954 Amanda Weber

Nothing says summer like good, old fashioned New England seafood. This delicious fare is making its way to the Midwest, so don your preppy best and join us for some classic dishes, including chowdah!

FEE: \$35.50

### Sushi Master

Jul 24 W 6-9 PM  
LTC Culinary Arts #40955 Amanda Weber

Be your own sushi master! With our chef's helpful hints, you will learn how easy it really is to make sushi in your own kitchen.

FEE: \$35.50

## Life & Leisure

### Home TV/Internet Options

Jul 17 W 5:30-7:30 PM  
LTC Sheboygan #41367 David Eckhardt

Learn which TV services and options best fit your tastes and budget. Whether you bought a streaming stick a few years ago and are wondering if there's something better today, or you're experiencing subscription overload and want to weed something out, this class will help you make sense of your options.

FEE: \$14.50

### Easy Vehicle Driveway Checkup

Jun 20 R 6-8 PM  
LTC Cleveland #41339 Chris Bornemann

You don't have to be afraid of your vehicle. Automotive Master Technician Chris Bornemann will demonstrate simple monthly preventative checks you can do to keep your vehicle operating safely and running well. Detailed, hands-on examples cover lights, wipers, horn, tires, fluid levels, and jump-starting.

FEE: \$11.33 SR. FEE: \$4.50 62+

### Mindful Eating

Jun 26 W 5:30-7:30 PM  
Sheboygan Library #41338 Erin Souik

Are you tired of – and confused by – all the diet fads? Are you ready to establish a simple, manageable relationship with food without the pressure to commit to a diet involving deprivation? If so, join us for this interactive class. We will discuss myths surrounding sugar, fat, and intermittent fasting, as well as the connection of stress and sleep to weight gain and food cravings.

FEE: \$14.50

### No More Jerks/Jerkettes

Jul 20 Sat 9 AM-12 PM  
Glas Coffeehouse #41366 Donna Schelfhout

In this fun, interactive class, single people will learn what to look for in a healthy relationship and how to identify key markers of an unhealthy relationship. Topics include the 3 most important warning signs of difficult partners, key areas to get to know someone you're dating, and keeping your heart safe and judgment sound.

FEE: \$18.15 SR. FEE: \$4.50 62+



# GET READY TO RIDE

We have the motorcycle training course and expert advice to give you confidence on the open road.

## BASIC RIDER COURSE

### Register Today

Classes available weekends. Full schedule at [gotoltc.edu/Motorcycle](http://gotoltc.edu/Motorcycle)

**IN PERSON** LTC Cleveland Campus Welcome Center

*Lakeshore Technical College (LTC) is an approved training site by the Wisconsin Motorcycle Safety Program and delivers courses through the Motorcycle Safety Foundation.*

## CLASS LOCATIONS

LTC Cleveland  
1290 North Avenue, Cleveland

Red Arrow  
4343 Expo Drive, Manitowoc

LTC Culinary Arts  
712 Riverfront Drive, Sheboygan

LTC Sheboygan  
3620 Wilgus Avenue, Sheboygan

Glas Coffeehouse  
924 North 14th Street, Sheboygan

Sheboygan Mead Public Library  
710 North 8th Street, Sheboygan



The **Hire** in  
HIGHER EDUCATION.

**LAKESHORE TECHNICAL COLLEGE**  
[gotoltc.edu](http://gotoltc.edu) • 1.888.GO TO LTC  
1290 North Avenue • Cleveland WI  
HLC Accredited [hlcommission.org](http://hlcommission.org)



## COMMUNITY EDUCATION

Expand your knowledge and skill level with Lakeshore Technical College Community Education classes. We offer learning and enrichment opportunities in a variety of topics at locations throughout the community.

### HOW TO REGISTER



#### ONLINE

[gotoltc.edu/Community-Education](http://gotoltc.edu/Community-Education)



#### CALL

1.888.468.6582  
Ext. 1366



#### VISIT

LTC Cleveland Campus  
1290 North Avenue

*Lakeshore Building, Welcome Center*

LAKESHORE TECHNICAL COLLEGE  
1290 NORTH AVENUE  
CLEVELAND, WI 53015



#### GENERAL INFO

All classes are open to the public. Class sizes are limited. Register early to ensure a spot; registration one week prior to class date is preferred.

#### STAY INFORMED

Sign up to receive information about future class offerings.

[gotoltc.edu/Community-Education](http://gotoltc.edu/Community-Education)

#### SENIOR FEE 62+

Designated classes have a reduced fee available for students 62 years and older.