# HOW TO FIND A PROVIDER UMR Health Care

### STEP 1)

In THE URL, TYPE: <u>www.UMR.com</u> and the page below will show up. Click on the "Find a Provider" Box.



### STEP 2)

Confirm **Medical** radio button is selected. In the **Provider network** box, begin typing "UnitedHealthcare Choice Plus Network" and then select that network. Once that has populated, Click on **Search.** 



There will be 4 items listed:

- View Excluded Providers
- Search for a Medical Provider
- View Directory of behavioral health providers (Note: The Behavior Health providers are contracted thru Optum.)
- How can my provider join the network?

# Before searching for a provider, you may want to view this list of excluded providers.

### For Behavioral Health Providers

View directory of behavioral health providers (including counseling & substance abuse providers) Note: It is not necessary to login to "Live and Work Well" to view the directory, however please be sure to check your member ID card for eligibility verification instructions.

### STEP 3)

In the Find a Provider area, Click on "Search for a medical provider".

#### FIND A PROVIDER | UnitedHealthcare Choice Plus Network

#### Before searching for a provider, please view this list of excluded providers.

- View excluded providers
- Search for a medical provider

# STEP 4)

Click on "Change address" and enter where you want to search for your provider and hit "OK".

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COMMON PHYSICIAN SEARCHES All Primary Care Physicians UnitedHealth Premium® Tier 1 Providers Search by Physician Specialties Cardiology Chiropractic Medicine Dermatology Ear, Nose and Throat (ENT) Family Practice	Personalize Your Search Find doctors who treat patients like you. COMMON FACILITY/CLINIC SEARCHES Hospital Urgent Care /Convenience Care Clinic Laboratory Facility Search by Facility Type All Facilities Ambulatory Surgicenter Cardiac Diagnostic Center Dialysis Center Dialysis Center	COMMON CONDITION SEARCHES Allergy/Hay Fever Arthritis Asthma Breast Cancer Diabetes Heart Disease High Blood Pressure Kidney Disease	
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COMMON PHYSICIAN SEARCHES All Primary Care Physicians UnitedHealth Premium@ Tier 1 Providers Search by Physician Speciality All Physician Specialities Cardiology Chiropractic Medicine Dermatology Ear, Nose and Throat (ENT) Family Practice Gastroenterology General Practice	Personalize Your Search Find doctors who treat patients like you. COMMON FACILITY/CLINIC SEARCHES Hospital Urgent Care/Convenience Care Clinic Laboratory Facility Type All Facilities Ambulatory Surgicenter Cardiac Diagnostic Center Dialysis Center Dialysis Center Dualse Medical Equipment Extended Care Facility Freestanding Facility	COMMON CONDITION SEARCHES Allergy/Hay Fever Arthritis Asthma Breast Cancer Diabetes Heart Disease High Blood Pressure Kidney Disease Joint Pain Mammogram	
COMMON PHYSICIAN SEARCHES All Primary Care Physicians UnitedHealth Premium® Tier 1 Providers Search by Physician Specialty All Physician Specialties Cardiology Chiropractic Medicine Dermatology Ear, Nose and Throat (ENT) Family Practice Gastroenterology General Practice Internal Medicine	Personalize Your Search Find doctors who treat patients like you.	COMMON CONDITION SEARCHES Allergy/Hay Fever Arthritis Asthma Breast Cancer Diabetes Heart Disease High Cholesterol High Blood Pressure Kidney Disease Joint Pain Mammogram Obstructive Sleep Apnea.	
COMMON PHYSICIAN SEARCHES All Primary Care Physicians UnitedHealth Premium@ Tier 1 Providers Search by Physician Specialty All Physician Specialties Cardiology Chiropractic Medicine Dermatology Earl, Nose and Throat (ENT) Family Practice Gastroenterology General Practice Internal Medicine Obstetrics (Gynecology	Personalize Your Search Find doctors who treat patients like you. COMMON FACILITY/CLINIC SEARCHES Hospital Urgent Care /Convenience Care Clinic Laboratory Facility Search by Facility Type All Facilities Ambulatory Surgicenter Cardiac Diagnostic Center Dialysis Center Durable Medical Equipment Extended Care Facility Freestanding Facility Home Health Agency Hopice Center	COMMON CONDITION SEARCHES Allergy/Hay Fever Arthritis Asthma Breast Cancer Diabetes Heart Disease High Blood Pressure Kidney Disease Joint Pain Mammogram Obstructive Sleep Apnea. Prostate Exam	

# STEP 5)

You may now begin your search by typing in the **New Search** box. If you wish to select by a Physician Specialty or Facility, Click on the blue headers.